

## BEFORE ENTERING THE PRACTICE

Please ensure you can answer no to the following questions:

- (1) Have you been **diagnosed with having Covid-19** in the last 30 days?
- (2) Have you **experienced a recent onset of respiratory problems**, such as a persistent/regular cough or difficulty in breathing within the past 14 days?
- (3) Have you **come into contact with a patient with confirmed Covid-19** infection within the past 14 days?
- (4) **Do you have a fever** or experienced a fever within the past 14 days?
- (5) Have you, within the past 14 days, **travelled abroad or outside of the UK?**
- (6) Have you been in close contact with anyone who is or has experienced a fever or respiratory problems within the last 14 days?
- (7) Have you recently participated in any large gathering, meetings, or had close contact (within 2m) with many unacquainted people?

**If the answer is yes to any of the above, do not enter the practice but call us on 01458 840033**

If you are a new patient wishing to make an appointment with us, please call us on 01458 840033 during working hours or call James on 07960011879 after working hours.

If you are making a delivery and you have answered no to the above questions, please come in but do not approach the reception desk and you will receive instructions from the receptionist.

## WHAT TO DO WHEN ENTERING THE PRACTICE



### 1 **SANITISE YOUR HANDS**

Using the soap dispenser provided



### 2 **PUT ON THE FACE MASK**

Staff will tell you how to install your mask correctly - Please take your mask with you when you leave



### 3 **REMOVE YOUR OUTER GARMENT**

Place any belongings in the marked white box situated by the entrance



### 4 **PUT ON THE SHOE COVERS**

Please dispose of these in the white bin by the entrance when you leave



### 5 **SANITISE YOUR HANDS AGAIN**

Once you have done this, Please sit in the grey armchair nearest to the entrance

# Links to useful information for patients

Copy and paste each link into your web browser to visit the appropriate webpage

**Coronavirus (COVID-19) - NHS**

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

**What to do when entering our Practice - Patient procedures**

<https://www.youtube.com/watch?v=hGwzYg3Q4aM>

**Coronavirus (COVID-19): what you need to do - GOV.UK**

<https://www.gov.uk/coronavirus>

**Visiting vulnerable people without transmitting Coronavirus to them**

<https://www.youtube.com/watch?v=ueHPyBQnJyl&t=8s>

**Treatment at TRUST Dental during the COVID-19 outbreak**

<https://www.trustdental.care/notice-for-patients>

**How to protect yourself from Corona virus**

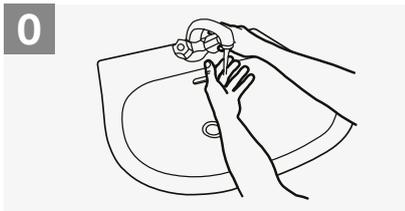
<https://www.youtube.com/watch?v=hTXo1N0oA2E&t=1s>

**Latest news and advice from TRUST Dental**

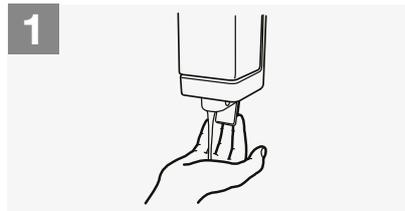
<https://www.trustdental.care/blog>

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB

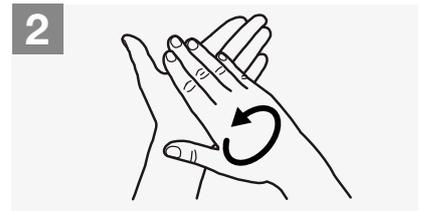
 **Duration of the entire procedure: 40-60 seconds**



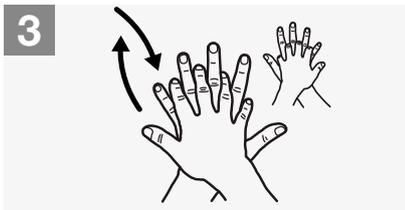
Wet hands with water;



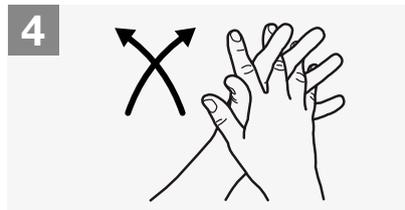
Apply enough soap to cover all hand surfaces;



Rub hands palm to palm;



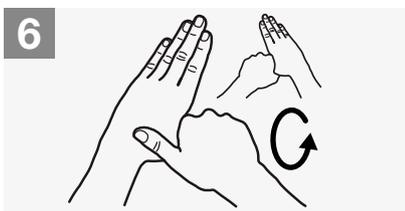
Right palm over left dorsum with interlaced fingers and vice versa;



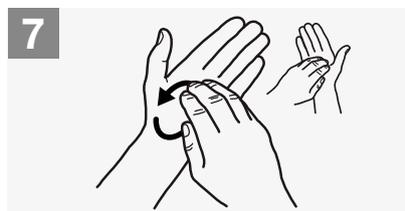
Palm to palm with fingers interlaced;



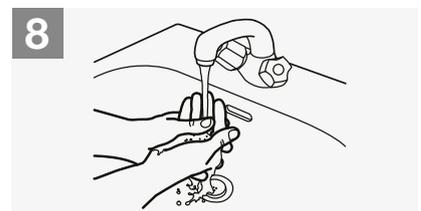
Backs of fingers to opposing palms with fingers interlocked;



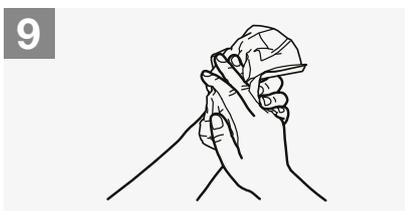
Rotational rubbing of left thumb clasped in right palm and vice versa;



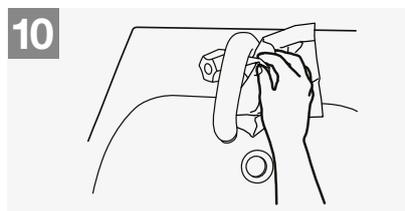
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



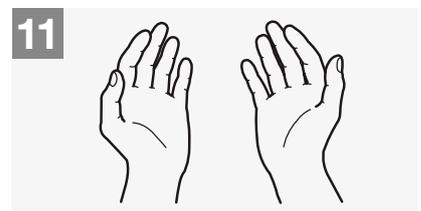
Rinse hands with water;



Dry hands thoroughly with a single use towel;



Use towel to turn off faucet;



Your hands are now safe.



World Health Organization

Patient Safety

A World Alliance for Safer Health Care

SAVE LIVES

Clean Your Hands